

Cultural Daily

Independent Voices, New Perspectives

4 Practical Dating Tips for 2020

Our Friends · Thursday, January 2nd, 2020

Believe it or not, 2020 is upon us. It's that time of year where people dedicate themselves to change. Their resolutions might consist of everything from living healthier lives to spending more time with family.

Some, on the other hand, might focus more on their love life. Singles looking for a relationship may be intimidated by the dating world and unsure of where to start.

If you're in this boat, you're not alone. Here are 4 practical dating tips to help you find the one in 2020.

1. Be Open to New Experiences

When it comes to places to meet someone, you probably think of all the standard locations. And, sure, people meet their partners at school, work, clubs, bars, and similar environments.

But don't think these are the only places to find love. You never know where you will meet "the one."

Your soulmate might be waiting for you at a 5K run, a volunteering event, or even an indie concert. You might be missing out if you never expand your horizons and try new endeavors. Plus, meeting your S.O. in unique circumstances will make for a much more interesting story!

2. Don't Shy Away from Online Dating

We've all heard the horror stories about dating apps. Plus, not many people want to tell their friends and family that they met their S.O. on a dating app.

Don't write off online dating just yet. Apps are more popular than ever before, and they are a great way to meet singles in your area. You can find people with similar interests and get to know them a little before meeting in-person.

If you do decide to meet up with someone for a date, take safety measures such as the following:

- Meet in a public space.
- Check their other social media profiles to verify you're talking to a real person.
- Let your family or friends know of your whereabouts.

3. Boost Your Confidence

It's no mystery that dating can be scary and intimidating. You're taking risks by putting yourself out there and opening to new experiences.

If you find yourself needing a confidence boost, here are some practical methods:

Wear Something Comfortable

In today's day and age, first dates are usually pretty casual. Don't feel the need to dress fancy.

Instead, wear something comfortable and true to your style. This will help you feel relaxed and give you the chance to show off your real personality.

Don't Worry About Who's Paying

Worrying about who's paying can add a lot of unnecessary stress to your date.

It's 2020, and that means there probably won't be expectations of who should pay. Go into the date prepared to pay for your own portion. If they offer to pay and you feel comfortable letting them, go for it. If you want to pick up the bill, let your date know you would love to treat them.

Try Pheromones

These artificial chemicals seem to be all the rage these days. [Pheromones for Women](#) and men can make you seem more attractive to a potential partner. Wearing them can also make you feel more confident and less worried about what's in store.

4. Be Upfront About Your Intentions

If you want a successful dating life, it's crucial to be upfront about your intentions.

Let the other person know what you're looking for. Now, it's probably not the best idea to say you are looking for a spouse on the first date. But, indicating you want a more serious relationship is important. It will save you both time and heartache if that's not what the other person is interested in.

Final Thought

Whether you're using a dating app or meeting people in person, implementing these tips can help make your experience a lot less awkward and a lot more rewarding.

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