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8 Simple Ways to Find Someone's Birthday

Our Friends · Friday, August 22nd, 2025

Have you ever found yourself wanting to wish someone a happy birthday, only to realize you don't actually know when their special day is? It can be frustrating, especially if it's someone you care about, like a friend you've lost touch with, a colleague you'd like to surprise, or even a distant family member you want to reconnect with.

Luckily, it's not difficult to find someone's birthday. With a mix of smart online tools, social media tips, and a few traditional sleuthing strategies, you can uncover birthdays quickly and discreetly. In this guide, we'll walk you through easy and practical methods that anyone can use.

Use Nuwber, a people search site

Nuwber is a people search engine that you can use to find someone's date of birth. The website has more than 300 million people in its database, making it possible to find birthday information of almost any American citizen.

Every piece of data this website has is collected from public records, such as federal, state, and local government agencies, and people's social profiles. But what do you need to do to find the information you need? Simply **type the person's full name into the search bar** and hit Enter. If you don't remember their name, you can also perform a birthday lookup by phone number, email, or address.

Check Social Media Accounts

Social media platforms are perfect tools for discovering birthdays. People often share their special day with their friends and followers, which makes it much easier for you to find out the information you need.

Facebook is a fantastic resource to find someone's birthday. First, check the info box directly below their profile picture, which might list their birth date. If this doesn't help, look for birthday posts from friends and family, as these can indicate when the special day is. Or use Facebook Events to see upcoming or past birthdays celebrated by the person.

Instagram is another excellent platform to gather clues about someone's birthday. Check their profile photos, stories, and captions for mentions of birthdays or ages. Browsing through their photos and tagged pictures can also reveal birthday-related posts.

X can also be a treasure trove of information. Use the search bar to find happy birthday-related tweets. Look for posts that share birthday wishes or announcements. Tweets with balloons attached to them might reveal birthday celebrations or mention the date.

Ask Mutual Friends and Family Members

Sometimes, the best way to discover someone's birthday is to ask those who know them well, consult mutual friends and family members who can provide valuable insights, or engage in casual conversations about birthdays to indirectly reveal the date.

Family members or friends may be more willing to share this information if you explain your intention.

Directly Ask the Person

When in doubt, the most straightforward approach is to directly ask the person about their birthday. To do this effectively:

- Show genuine interest.
- Create a friendly atmosphere to make them comfortable sharing this information.
- Avoid asking their age to prevent any potential discomfort.

If you're unsure how to ask, discussing memorable birthday experiences or upcoming plans can encourage them to share their birth date and wonder about their favorite celebrations and request their favorite memories in the talk conversation.

Explore Public Records

Public records are another valuable resource for finding birth dates. Accessing these records often involves checking state-specific databases or local government offices. Historical birth records maintained by counties or states can also provide this information.

In some cases, jurisdictions keep birth records confidential for many years, requiring proof of relationship to relatives for access. If official records are unavailable, church records, obituaries, and local directories can also be useful.

Analyze Email Clues

Emails can offer clues about a person's birthday. Examine email sign, username, and attached documents for hints, as signatures might include their birth date or mention a birthday.

Attached documents in emails may also provide relevant information indicating their birthday and such information about the exact date.

What's more, you can pay particular attention to the email address itself to find any clues. Sometimes, birthdays are hinted at in the form of numbers, like "jane1987" or "mark_05_99," which could represent the year or day and month of birth.

Search for Articles or Interviews

If the person you're trying to find a birthday for has any public presence — like being an author,

business owner, influencer, or community figure — articles and interviews can be a great source of information. Many online articles, blog posts, or local news features include personal details such as birth year or birthday.

To start, type the person's full name into a search engine along with keywords like "birthday," "born," "age," or "biography." You might find interviews, press releases, award announcements, or professional profiles that mention their date of birth. Even if the exact date isn't listed, the article might give hints.

Pay Attention to Patterns in Their Life Events

Sometimes, you don't need direct information to figure out someone's birthday—you just need to look for patterns in their life events. People often share milestones online, in conversations, or through public records, which can provide hints about their birth date.

For example, social media posts about graduations, work anniversaries, or milestone birthdays can reveal their age or the year they were born. If someone celebrates a "30th birthday" in 2025, you can easily deduce that they were born in 1995. Similarly, achievements like receiving an award, completing a program, or participating in a community event may include their age, which helps narrow down the birth year.

Putting It All Together: Simple Birthday-Finding Methods

Discovering someone's birthday doesn't have to be a daunting task. By leveraging people search websites like Nuwber, checking social media accounts, asking mutual friends and family members, directly asking the person, exploring public records, analyzing email clues, searching for articles or interviews, and paying attention to their life events, you can find the information you need.

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