Cultural Daily

Independent Voices, New Perspectives

Alexandra Umlas: Three Poems

Alexandra Umlas · Wednesday, October 9th, 2019

Chicken

Unwrapping you from your reasonable packaging, I always feel some remorse

and carry your body tenderly to the pot to lay you on your bed of citrus and sliced

onions, and pepper your skin with salt. One time, I reached inside you to find

a neck and two hearts, unsure if any were yours. There are over nine billion

of you alive, and still, each time I hold you almost whole like this, slumped

and singular, like a small, cold baby, your body goose-pimpled and clean,

I imagine your short, sharp journey to here, seven weeks to market weight,

the assembly-line suspension by two feet and low lighting, the stun

of electricity or carbon-dioxide, a rub-bar on your breast, a single cut

to the throat, evisceration, chilling, giblets sorted, your body

bagged. I heat you past your original temperature to 165 degrees Fahrenheit,

until joints loosen, and bones turn velvet. And after I have swallowed you,

in the dish-filled evening kitchen, I find I am alone.

*

Fillet

My mother makes dinner almost every night: white china plates, checked cloth napkins, glasses of whole milk.

This night there is a steak centered on each plate—
Porterhouse: half strip and half fillet. I eat

the strip first, in small bites between salad, pushing the fillet to the side of the plate for last. My father must

have still been in his suit.

I remember
the starched straight collar and how
I blinked

as he reached across the table's wood, stabbing my fillet with the four prongs of fork, half-smiling,

placing the piece in his mouth, saying Yum between rows of white teeth. Telling me, you should never

save the best for last—it might not be there when you are ready for it.

*

Fangs

She looked not-quite-right at nine, wearing fangs—
I can only describe it as baffling, her mouth botched with them, her hair in tangles. The shoppers

stared. It was almost October 31st in America. She slept with them half in that night, swore they would keep her safe. When they fell on the pillow next to her, they seemed to glint in the sharp moon-light—

little plastic knives.

(Author photo by Alexis Rhone Fancher)

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