

Cultural Daily

Independent Voices, New Perspectives

Are You There, Ghost?

Chiwan Choi · Thursday, March 13th, 2025

Hi. It's Chiwan, your editor at *Cultural Daily*. I haven't done any writing in this publication for a little while. But I just started a newsletter called [Are You There, Ghost?](#) and I wanted to tell you about it and I hope you will sign up.

I had my first neurologist appointment at the end of October. I'd been worried because of a convergence of things. One, during the pandemic and Zoom everything, I saw on the screen that my head was shaking. Sometimes people would ask me if I disagreed with what they were saying because they too saw the shakes. Two, I was experiencing serious dissociation earlier in the year. Like worse and longer than previously. It felt like I was watching my body walk around the apartment. Three, I was having really vivid hallucinations.

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I wanted to know if there was something wrong with my brain.

After two appointments, I finally got scans. The MRI came back clean. The EEG says i've been having tiny seizures and the seizures are what causes the hallucinations.

The thing is I've been seeing things all my life. I've called them ghosts, visions and hallucinations. It's been such a force in defining who I am as a person and a writer.

So I'll be writing about it.

Please subscribe and follow my stories. I'll tell you about things I think I remember I saw.

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