

Cultural Daily

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Creative Automation Ideas for Your Workspace

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If you are an office worker, you know how important a proper workspace is. Your health and efficiency depend on it directly. Therefore, you need to organize your workspace in a way to enjoy every second spent there.

Your Desk Is the Centre of the Workspace

Start with the desk. This is your main working tool and your productivity depends on it directly. Now, height-adjustable desks are growing in popularity. There are reasons for that, so, maybe you will consider getting such a piece for you, too:

- A height-adjustable desk allows you to do some physical exercises without interrupting your work process. It is especially valued by busy office workers.
- Such an item can be adjusted properly doesn't matter whether you are taller or shorter than on average. It means that you won't have to keep your neck and back in a strange position to work. And it, in turn, means that you will get rid of pains in the back, neck, and those constant migraines that sometimes, become a part of our lives.
- A good physical condition means better productivity at work. It might result in faster career growth, more money, or more free time.
- Finally, it is a very stylish item. It looks just cool and it is a pleasure to use such a desk.

When you are installing your new desk, don't forget to [organize your wires](#). There are different cable management systems and tools. You can use a couple of special clips if there are not many cables. If you need to arrange several wires, say, from your PC, printer, the desk, and something else, you might want to get a cable management system that allows you to hide the cables. It is especially useful if you have small kids or pets.

Chair Is Not Less Important

Another item that shall be of proper quality is your chair. An ergonomic chair is the best choice. It supports your back and neck in their natural positions. If the chair is height-adjustable, you can work in the most convenient position for your feet and hands. It is efficient prevention of tunnel syndrome and fatigue with constant pains and discomfort in the feet.

Consider getting a chair with armrests and a headrest. It will allow you to relax completely and recover energy for a new piece of work within a couple of minutes only.

An Ergonomic Carpet

Many people don't know about it, and it is not surprising. An ergonomic carpet is a companion of a height-adjustable desk. If you still use a traditional desk, you don't need the carpet.

Such a carpet distributes the body weight correctly on your feet and helps to prevent pains in the feet.

What about the Desk Top?

If you work not just at a computer but with documents, too, you might need to get some more accessories for your desk. For example, a drawer. There are special drawers made to be attached to a desk and de-attached when you don't need them anymore. They look nice and can be fixed anywhere for a higher comfort level.

Another item you might need is a document organizer. Here, everything depends on how many papers you use when you are working. For some people, a rotatable automated organizer allows keeping all the accessories and documents in perfect order. For other people, a robust organizer able to keep many papers is needed.

Monitor support might be needed in cases if you cannot adjust the PC monitor at the needed height and with the required tilt. An adjustable monitor support will help you to solve the issue.

A special CPU holder that can be fixed where you need it can provide reliable support for the CPU of your computer. The holder is attached to the desk and hides the CPU to make it almost invisible.

Do you need something else to feel comfortable? Add whatever you want: paintings, flowers, a nice rug, or something else. Now, when your desk is arranged properly, you can enjoy every second you are working at it. Don't forget that when you are using a height-adjustable desk, you can do some physical exercises even without interrupting the work. Use your desk correctly, and the wished results will be seen within a couple of weeks.

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