

# Cultural Daily

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## Filling Or Root Canal? Which is Superior?

Our Friends · Wednesday, January 22nd, 2025

Feeling pain, temperature sensitivity or having an unpleasant taste in your mouth could be indicators of infected or damaged pulp in one or more teeth. A root canal treatment will remove infection while simultaneously saving the tooth.

Root canal therapy is used to repair damaged teeth by extracting damaged tissues under local anesthesia and then cleaning and shaping canals before filling them with biocompatible material.

If you experience severe tooth pain or other dental emergencies, contacting an **emergency dentist** promptly is crucial.

### Tooth Decay

Plaque and tartar bacteria attack tooth enamel, leading to erosion that results in cavities that require fillings from your dentist to prevent further decay. When bacteria reach the soft interior of your tooth (known as pulp), root canal therapy may be required, where infected tissues are removed, cleaned thoroughly before being sealed off with gutta percha seals – this procedure is typically used on infected molars (chewing teeth).

Before conducting a root canal procedure, your provider will administer local anesthesia to numb the area around the tooth. They then use an endodontic file to open up and clean out the affected tooth using antiseptics and sedation medications; once completely clean it will be filled with gutta percha and sealed using dental crowns – depending on your specific circumstances your provider may wait up to one week before sealing its opening permanently.

### Gum Disease

Root canal treatment for teeth suffering from deep cavities may be necessary. During this process, providers remove inflamed pulp (tissue that contains blood vessels and nerves), clean it thoroughly, disinfect it before filling the opening with biocompatible material known as gutta percha and sealing off the area.

A **dentist in Nashville** can offer the right solutions for gum disease and related treatments, ensuring you receive the most appropriate care. Whether you're dealing with mild or severe gum issues, seeking a trusted professional in Nashville ensures timely and effective treatment.

Following treatment, your tooth may feel sensitive; this will dissipate within a day or two. To

avoid further decay and keep their oral hygiene routine running smoothly, such as brushing after each meal and flossing daily.

Filling or root canal treatment depends on how extensive and widespread the decay is, the affected areas on each tooth, and overall state of oral health. Your Pleasanton dentist will consider all aspects when suggesting either treatment option.

## Root Canals

Root canal treatment is necessary when tooth decay has compromised both enamel and dentin to reach sensitive nerve tissue in a tooth, necessitating root canal treatment by a dentist or endodontist. The procedure begins by creating an opening in the crown of an affected tooth to access infected pulp for removal, disinfection, sealing and sealing again afterwards with gutta percha. Finally a dental crown or filling may be placed over top to restore normal function and appearance.

Root canals often get a bad rap, but they don't have to be painful procedures. A root canal provides relief from debilitating toothache caused by infection. With proper care and regular dental visits, restored teeth may last a lifetime with proper brushing and flossing habits and regular professional cleanings by your dentist. Be sure to see him/her regularly if any symptoms of tooth damage appear; early detection could save the tooth from extraction altogether!

## Fillings

Once a cavity reaches an infected pulp within your tooth, fillings can no longer fix the issue and you must undergo root canal therapy in order to relieve pain and preserve your tooth.

Under this process, a dentist will first use local anesthetic to numb the area around an infected tooth before making a small opening in its surface and extracting any dead tissue or dead cells from within your tooth, cleaning and disinfecting any empty canals, then sealing up the hole created.

Your dentist may recommend a crown or other restoration to return full function to the tooth, as well as practicing good oral hygiene practices to avoid future decay such as brushing twice daily and flossing once a day, using antiseptic mouthwash daily, and refraining from eating hard foods until the affected tooth has been restored as this could cause it to break or crack further.

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