

# Cultural Daily

Independent Voices, New Perspectives

## 'Follow' by Sarah Elgart and Arrogant Elbow

Phantom Street Artist · Wednesday, September 24th, 2014

On Thursday September 18, award-winning choreographer and dancer Sarah Elgart performed "Follow" at the Santa Barbara Courthouse with her collective dance troupe Arrogant Elbow. It was their premiere performance hosted by the [OnEdge Festival](#).

"Follow" explores how human beings are conditioned to follow gurus, leaders, and ideologies in the face of life's mysteries, absurdities, and tragedies.



A moment from 'Follow'

The site-specific performance began within the interiors of Santa Barbara Courthouse, and then guided the audience on a visual and metaphysical journey through progressive stages. Elgart, who gives homage to her late mentor Pina Bausch and Bausch's Tanztheater Wuppertal, lead the audience through a modern dance language that showcased and celebrated her dancers, through their blended interactions with the surroundings and a subtle interplay of sounds, light, space, and a spectacle of movements.



Sarah Elgart

As performed in the warm evening air, "Follow" engaged all the proprioceptive senses while allowing the audience to experience the monumental Courthouse architecture with a new meta-narrative employing an *mélange* aesthetic of movement, media, sound, and visual imagery as its alternative structure. The performance piece was inspired and dedicated to Elgart's father, Elliot Elgart, who deeply influenced her work.

*Photos by Phantom Street Artist.*

This entry was posted on Wednesday, September 24th, 2014 at 2:19 pm and is filed under [Dance](#). You can follow any responses to this entry through the [Comments \(RSS\)](#) feed. You can leave a response, or [trackback](#) from your own site.

