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How to Ensure Your Bridesmaids Are Stylish and Comfy On Your Big Day

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As if your wedding day didn't bring about enough pressure and tension, you have to figure out what dresses your bridesmaids will wear to ensure those picture-perfect looks and guarantee everyone's comfort and self-confidence. If you don't deem the bridesmaid dress selection process a small feat, you're not the only one. With an abundance of selections out there and countless aspects to consider to **ensure maximum comfort and stylishness**, you'll need to dedicate some time to this undertaking.

From colour palette to body type to dress length, you might beat your brains about some criteria while considering the season when the event unfolds. Are you ready to look into the most essential aspects you must carefully assess before deciding how your bridesmaids will be dressed?

Choosing the perfect colour palette

As bridesmaids' outfits are such a big deal on your wedding day, it's normal to feel a little overwhelmed by the countless colour options available or change your mind weekly and in vain. Fortunately, there are a few solutions to ensure you sort through your options wisely and end up with the perfect colour palette.

First, the internet is an endless source of inspiration, and when it comes to outfit ideas, a Pinterest board where you save all the gems you come across might be your best ally. Have you found a dress you can't take your eyes off? Proceed with your surfing, and you might find something similar at one of the boundless online shops selling bridesmaid dresses. If the retail market's variety makes finding the one that hits the spot an impossible feat, just find one or several outlets you deem reliable and of high-quality. Chances are that a reputed seller already features all the colours that might make a pretty dress look astonishing only through this simple aspect.

Consider your wedding gown's colour as you don't want a clash of nuances around you. Then, find the colour palette that makes your eyes drool. Maybe you're into earthy, neutral colors, in which case dresses in orange and pink hues might cut it. If you want your bridesmaids to stand out with bold, daring colours, then you can check out emerald green, navy blue, dark burgundy, royal blue, and the list continues. With a discerning eye and clear vision, you can have every **bridesmaid dressed comfortably and confidently stylish**, so dare to aim for perfection.

Considering body types

Everybody can admit the body type's influence when weighing a dress against another, which is all the more pressing when it comes to an upscale event where looking the best is desired. While you shouldn't impose a specific cut for your bridesmaids, it's best to be aware of these aspects so as not to wake up feeling disappointed that your envisioned fantasy, where all your girls wear A-line, off-the-shoulder dresses with crevices, didn't materialize.

This being said, here are some common body types that should dictate your bridesmaids' dress tailoring.

- For a rectangle/straight body type, it's best to go for bridesmaid dresses that can define the waistline a little while permitting easy movement in other body areas. Empire waists and princess cuts can be good choices that give extra definition while boosting the wearer's comfort.
- The hourglass body type, distinguished by generous curves and equilibrated proportions, can look terrific in almost any dress style. A form-fitting silhouette dress might best emphasize the waistline and curves, creating visual balance and making the strongest suits stand out.
- For the bridesmaid with an apple body type, a dress with an empire waist with a widening tendency starting from under the chest might best complement their figure.
- Lastly, the **pear-shaped body type looks amazing** in dresses that conceal the wider hips while pushing the upper half of the body into the limelight.

Agreeing with the needed garment length

The length of your bridesmaids' dresses entails more than meets the eye, determining how comfortable your special attendants feel. There are three principal types of lengths: short, long, and midi/tea-length, aspects where thinking of the time of the year and the overall look and feel of your event are game-changers. Long dresses have ranked among the most common and popular choices for as long as we know. If the wedding unfolds around Christmas or New Year's Eve, these can be the right choice when you want to add a touch of festiveness. On the contrary, if you're holding a summertime wedding, your bridesmaids might want to wear short or mid-length dresses to regulate their bodies' temperatures. These might also work for those who dread stepping on the dress's ends and ruining it or tripping over, as it sometimes happens with longer dresses.

Lastly, you can go with midi dresses if you want to combine a sense of formality with a touch of glamour. Nevertheless, these might not suit every wedding type. Plus, bridesmaids can't hide their shoes if they plan to get rid of their tiring heels.

Keeping bridesmaids warm

Given the potential of the capricious, tricky weather and wind to take a toll on your bridesmaids' comfort, it's best to choose **dresses with this consideration** in mind. While you can't predict whether the weather will be on your side, you can do a few things to ensure your girls are protected by the chilly weather, specifically if the event unfolds in the winter and you want a photoshoot outside.

Consider some additional layers of clothing for extra comfort and stylishness. There's a sea of options out there, whether it's a long cape, sleek capelet, cropped jacket, dainty cardigan, faux-fur bolero, thick pashmina, detachable sleeves, or even wraps that can double as protection and fashion element complementing the bridal dress. Such extras can look really fashionable on themselves and

in your wedding pics. Many cover-up solutions exist, so the best idea is to discuss your options with your bridesmaids. While one might prefer some sleeves for that wow effect, another one may want to cover her cleavage with a pashmina.

Bottomline

Once you establish some guidelines and rules from the start, finding out the perfect bridesmaid dress might turn out to be an exciting stunt. Enjoy the process, for it is a once-in-a-lifetime enchantment. So do not feel so hard out by it, sometimes having the least expectations can be the best solution.

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