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## How to Maintain and Clean Hardwood Floors

Our Friends · Saturday, January 3rd, 2026

Hardwood floors are a great addition to any home. They add natural beauty and a timeless style to your rooms. With various wood types and finishes, you can find one that fits your taste. Hardwood floors are also durable and can last for generations with proper care, increasing your home's value.

Taking care of hardwood floors is easy. With some regular maintenance and cleaning, you can keep your floors looking great. A good maintenance routine helps preserve their quality and brightens your home.

### Regular Cleaning

Create a cleaning routine for your hardwood floors. Regularly sweeping or vacuuming prevents dirt and grit from scratching the surface. Use a soft-bristle broom or a vacuum cleaner designed for hardwood floors. Clean your floors at least once a week, or more often if you have pets or heavy foot traffic.

For wet cleaning, use a damp mop with a hardwood floor cleaner. Avoid soaking the floor, as water can damage it. A light cleaning every month is usually enough to maintain its shine.

### Avoiding Damage

Preventing damage is key to maintaining **flooring Etobicoke**. Simple steps can help. For example, place mats at entryways to catch dirt and moisture. Avoid wearing high heels or shoes that might scratch or dent the wood.

Put furniture pads under the legs of couches and tables to protect the floor. Lift furniture rather than slide it to avoid scratches. Clean up spills quickly with a soft cloth, blotting instead of scrubbing. Being careful will keep your floors beautiful.

### Deep Cleaning

Occasionally, deep-clean your hardwood floors to improve their appearance. This involves mopping with a specialized cleaning solution. Check the manufacturer's recommendations to avoid harmful products.

You can also add a few drops of pH-neutral soap to warm water for cleaning. Use a damp mop and then follow up with a dry mop to soak up any excess moisture. Deep cleaning every six months to

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a year is a good timeframe, depending on how much foot traffic your floors get.

## Refinishing

With time, hardwood floors can show wear. Refinishing is an important part of upkeep. It can renew your floors and extend their life. Generally, you will need to refinish your floors every 5 to 10 years, depending on how well they are cared for and how they are used.

Refinishing involves sanding the old finish and applying a new one. This can significantly improve the appearance of the floor. If you're unsure about doing this yourself, hiring a professional can save time and ensure good results. Refinishing not only restores the beauty of the wood but also protects it.

## Choosing the Right Products

Using the right cleaning products is essential for your **hardwood flooring**. Look for cleaners designed for wood floors, as they won't harm the surface or leave residue. Avoid multipurpose cleaners or products containing harsh chemicals, as they can damage the finish.

For cleaning, a microfiber mop works well to trap dust without scratching. You might also use a mix of water and vinegar occasionally, but be sure to wipe it up quickly because vinegar can be too acidic for finished wood. Choosing the right products makes cleaning easier and keeps your floors looking their best.

## Keeping Your Hardwood Floors Beautiful

Taking care of hardwood floors helps you appreciate their natural beauty. These floors add warmth and charm to any room, making them a good investment in your home. With some care, you can keep them looking great for years. Follow a cleaning routine, use preventative methods, and know when to refinish to enjoy your hardwood floors longer.

Each piece of wood has its own personality, which adds to your home. With proper maintenance, your hardwood floors will continue to shine and create a welcoming space for you and your loved ones.

## Protecting Your Hardwood Floors from Sun Damage

Direct sunlight can fade hardwood floors over time. To protect your floors, use window treatments like curtains, blinds, or UV-filtering films. These help reduce sun exposure during peak daylight hours. Moving rugs or furniture around now and then can also prevent uneven fading in areas with more light. Choose a wood finish that offers UV protection. This adds extra defence against sun damage while keeping your floors beautiful.

*Photo: Freepik via their website.*

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