Cultural Daily

Independent Voices, New Perspectives

Julie Sgarzi on the remarkable Gilda Frantz

Julie Hébert · Wednesday, August 12th, 2015

A *Look What She Did!* video with **Julie Sgarzi** on **Gilda Frantz**.

Dr. Julie Sgarzi tells us about her remarkable mentor **Gilda Frantz**, an 87-year old Jungian therapist who still sees patients and has just published her first book. **Dr. Frantz** turned to Jung's insights and imagery in the face of immense losses in the middle of her life. The creative psychological work provided her a lifeline and she has extended that help to others for decades now as a beloved and deeply respected scholar and clinician. From her vantage as a wise elder, she has a few beautiful tips for us younger folk. Listen in.

"Agelessness is the ability to live with passion until the moment we die."

[embedvideo id="GwuKR0Yk03I" website="youtube"]

With our new backyard video project, *Look What She Did!*, we are creating an ongoing archive of short videos celebrating crazy-great women as told to us by… crazy-great women. See more videos posted on our YouTube channel and our Facebook page. All of us working on this project are having a blast and are fired up about sharing these inspiring stories with you.

Check out more about *Look What She Did!* at www.juliehebert.com
MORE VIDEOS on our LWSD! Facebook page
Subscribe to the LWSD! YouTube channel!

This entry was posted on Wednesday, August 12th, 2015 at 12:05 pm and is filed under Theatre, Film, Visual Art
You can follow any responses to this entry through the Comments (RSS) feed. You can leave a response, or trackback from your own site.