# **Cultural Daily**

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## Kerassentials Reviews: Does It Help Treat Toenail Fungus?

Our Friends · Friday, July 19th, 2024

Are you tired of dealing with stubborn nail fungus that won't go away? You're not alone. Fungal nail infections are common, and many struggle with this issue.

Kerassentials, an all-natural oil-based solution, promotes healthy nails and skin. Does it work? Discover the truth here.

### What Is Kerassentials?

Kerassentials is a liquid serum that fights nail fungus and promotes nail and skin health with essential oils and natural ingredients.

The manufacturer touts its ability to eliminate nail fungus, reduce inflammation, and nourish nails and skin.

It was developed based on a study of why some fungal infections tend to be very persistent. The scientists discovered that some fungi could mutate and become immune to average treatments.

This is to be countered by the aims of Kerassentials through natural antifungal ingredients.

#### **Try Kerassentials For Healthier Nails**

#### What's In There?

Key ingredients added in the formulation of Kerassentials include

- Lavender oil: It is known to have antimicrobial and soothing properties
- Organic flaxseed oil: It is packed with healthy fatty oil.
- Almond oil: Moisturizing and nourishing for your skin and nails
- Tea tree oil: A potent antifungal from natural sources
- Lemongrass oil: Another antifungal and is anti-inflammatory
- Aloe vera: Very soothing and hydrating to the skin
- Undecylenic acid: A fatty acid that combats fungal growth
- Vitamin E as tocopheryl acetate: An antioxidant that helps to support skin health

## Usage Instructions

It is pretty easy to use Kerassentials. The company advises utilizing the oil on the nails each day

right after a shower.

It comes with an applicator brush that lets you brush your nails and the skin around your nails easily and smoothly. The company also recommends the use for at least several months for optimal impacts.

## Does It Work?

Now here is the million-dollar question: "Does Kerassentials work?" Yes, the company claims its formula can eliminate nail fungus and reduce such symptoms as itching and odor. It also boosts healthier transfiguration in nails and skin altogether.

There are a good number of affirmative reviews by customers on the website who claim that continued use of the product improved their nail health.

Still, results seem to vary; some say they recognize a difference within weeks, and for others, it seems to be months.

Please note that nail fungus can be terribly hard to eliminate. Even prescription medicines don't always work on everyone.

Yes, Kerassentials may help, but no, it is not a license to rid yourself of all causes of fungus.

#### **Boost Nail Health With Kerassentials Oils**

## **Kerassentials Safety and Side Effects**

In using natural ingredients, the risk of side effects with Kerassentials appears to be pretty low for most people. The company describes their formula as being GMO, stimulant, and synthetic chemical-free.

However, allergic reactions to the essential oils or any other ingredient in them are always possible. It is a good idea to do a patch test somewhere other than your face before committing to using it.

And, as with any supplement, check with your doctor first if you have any medical conditions or take medications.

#### The Bottom Line

**Kerassentials** is a natural treatment for fungal ingrown nails, not only curing the problem but also making the nails and the skin that surrounds them healthier.

There is, however, some scientific basis for at least the antifungal and nourishing properties of the essential oils and other ingredients making up the proprietary blend.

People who tested it out over daily usage throughout a couple of months had surprising results after a while.

A natural formulation also means that the risk of experiencing any harsh consequences is relatively

lower compared to using some conventional treatments.

At nearly \$69 for a one-month supply, it's not the cheapest product on the market. However, the company offers discounts on bulk purchases and a 60-day money-back guarantee, so there is minimal risk in trying it.

Overall, if you're dealing with stubborn nail issues and want to stick to a natural approach, Kerassentials may be a perfect option for you.

ust have realistic expectations, be patient, and remember that results will always vary from individual to individual.

**Disclaimer:** The product specification and the claims made about this product have not been evaluated by the United States FDA and are not intended to diagnose, treat, cure or prevent disease.

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