

Cultural Daily

Independent Voices, New Perspectives

Proprioception

Ann Haskins · Thursday, November 24th, 2022

Adding arts to STEM in Sylmar, seasonal folkloric in Cerritos, cello and movement in Westwood, *Nutcrackers* taking over, more SoCal dance and a peek at next week.

Live This Week

Defying description

A performance that declines to fit into easy categorization, *Difficult Grace* brings together cellist/performer **Seth Parker Woods** and choreographer **Roderick George** for a blend of dance, film, text, and visual art. Oh, and a cello. Source material includes the historic newspaper *The Chicago Defender* as well as the Great Migration as the South enacted and imposed Jim Crow and other elements of segregation. UCLA Gloria Kaufman Dance Center, 120 Westwood Plaza, Westwood; Sun., Dec. 4, 7 pm, \$49. [CAP UCLA](#).



Release the endorphins!

Almost everyone who dances will attest it makes them feel better. That common sense is reinforced by scientific explanations about dance prompting brains to release pleasure-sensation endorphins. **Benita Bike's DanceArt** brings that wisdom to share in this family-friendly performance. The program includes two dances, a Q&A, and a chance to try some moves. It's part of this venue's charge as a STEM-based children's museum. While STEM is short for Science, Technology, Engineering, and Mathematics, with Bike and similar efforts, perhaps the museum should add "Arts" to its title and make it STEAM? Limited free museum entry tickets available with pre-registration including name & number in party sent to benita@danceart.org. Discovery Cube Los Angeles, 11800 Foothill Blvd., Sylmar, Sat., Dec. 3, 2 pm, free with museum entry. [Discovery Cube](#).



Folkloric seasons

Bringing seasonal mariachi music and Mexican folkloric dance to the stage, **DanzArts Sabor México Dance Company** joins Sol de México de José Hernández and Mariachi Reyna de Los Angeles in *Merry-Achi Christmas*. Cerritos Performing Arts, 18000 Park Plaza Dr., Cerritos; Sat., Dec. 3, 7 pm, Sun., Dec. 4, 2 pm, \$35-\$86. [Cerritos Center](#).



And This Week's Nutcrackers

The Pros

This marks the first season for new artistic director Melissa Barak as **Los Angeles Ballet** opens its 17th season with the *Nutcracker* choreographed by the former co-artistic directors Thordal Christensen and Colleen Neary. Set in 1912 Los Angeles, the production tours metro LA with performances in Glendale, Redondo Beach, Westwood, and Hollywood (with a live orchestra). The approach has proved successful bringing L.A.'s own professional ballet company to its audience rather than expecting folks to fight gridlocked holiday traffic. The superb company dancers have proven themselves a home team to root for and now has new leadership. At the Alex Theater, 216 N. Brand Blvd., Glendale; Sat., Dec. 3, 6 pm, Sun., Dec. 4, 2 pm. Also at Redondo Beach Performing Arts Center, 1935 Manhattan Beach Blvd., Redondo Beach; Sat., Dec. 10, noon & 5 pm, Sun., Dec. 11, noon. Also at UCLA Royce Hall, Westwood; Fri., Dec. 16, 8 pm, Sat.-Sun., Dec. 17-18, noon & 5 pm. Also at Dolby Theatre, Hollywood & Highland, 6801 Hollywood Blvd., Hollywood; Thurs., Dec. 22, 2 pm, Fri., Dec. 23, 2 & 8 pm, Sat., Dec. 24, noon, Mon., Dec. 26, 2 pm, \$44-\$144, discounts for seniors, students, children under 12 years, & military. [Los Angeles Ballet](#).



Choreographer Laurence Blake and artistic director Victoria Koenig created **Inland Pacific Ballet's** version of *The Nutcracker* that has become an Inland Empire tradition. IPB's professional dancers are joined by students from IPB's respected ballet academy. At Lewis Family Playhouse, Victory Gardens Cultural Center, 12505 Cultural Center Dr., Rancho Cucamonga; Sat., Dec. 3 & 10, 2 & 7:30 pm, Sun., Dec. 4 & 11, 2 pm., \$70-\$86 Also at Fox Performing Arts Center, 3801 Mission Inn Ave., Riverside; Sat., Dec. 17, 2 pm & 7:30 pm, Sun., Dec. 18, 2 pm \$24-\$84, discounts for seniors, students, groups & children 12 & under. Info & tickets at [Inland Pacific Ballet](#).

American Contemporary Ballet — Debuted in 2017, ACB returns at a new venue with *The Nutcracker Suite*, a one hour, immersive experience. ACB Studios, Two California Plaza, 350 S. Grand Ave., 28th Floor, downtown; Thur. & Fri., Dec. 1-2, 8 pm, Sat.-Sun., 2 & 5 pm, thru Thurs.-Fri., Dec. 22-23, 8 pm, then Sat. Dec. 24, 1 pm \$65-\$140. [American Contemporary Ballet](#).



And More Nuts All Over

Hot Chocolate Nutcracker — Debbie Allen's take on the classic tale is presented as part of a gala fundraiser at Redondo Beach Performing Arts Center, 1935 Manhattan Beach Blvd., Redondo Beach; Thurs.-Fri., Dec. 1-2, 7:30 pm, Sat., Dec. 3, 2 & 7:30 pm, Sun., Dec. 4, 2 pm, \$50-\$125. [Eventbrite](#).

Westside Ballet — Yvonne Mounsey and Rosemary Valaire, the late founders of this respected training company, created a Victorian Christmas card version of the *Nutcracker*. The young dancers perform with the Santa Monica College Symphony. Professional guests share the lead with student dancers. The BroadStage, 1310 11th St., Santa Monica; Sat.-Sun., Dec. 3-4, 1 & 5 pm, Sun., \$50. [Westside Ballet](#).

Palos Verdes Ballet — Norris Theatre, 27570 Norris Center Dr., Rolling Hills Estates; Sat., Dec. 3, 7 pm, Sun., Dec. 4, 1 & 5 pm, \$42, \$28 children. [Palos Verdes Performing Arts. Tickets.](#)

Degas Dance Studio — California Performing Arts Education Center, 2855 W. Mulholland Hwy., Calabasas; Sat., Dec. 3, 5 pm, Sun., Dec. 4, 1 pm, \$29-\$45. [LVUSD.](#)

Sunrise Ballet — Servite Theater, 1952 La Palma Ave., Anaheim; Sat., Dec. 3, noon & 4 pm, Sun., Dec. 4, noon, \$25. [Sunrise Ballet.](#)

Ballet Etudes — Huntington Beach Historic Theater, 1905 Main St., Huntington Beach; Sat., Dec. 3, 2 & 7 pm, Sun., Dec. 4, 2 pm, Sun., Dec. 11, 2 & 7 pm, \$30-\$40. [Ballet Etudes](#), [Etix.](#)

Ventura County Ballet — Rancho Campana Performing Arts Center, 4235 Mar Vista Dr., Camarillo; Sat., Dec. 3, 2 & 7 pm, Sat., Dec. 10, 3 pm, Sun., Dec. 11, 1 & 5 pm, \$30-\$40, discounts for children, seniors & military. [Ventura County Ballet](#), [Brown Paper Tickets.](#)

4S Dance Academy — California Center for the Arts, 340 N. Escondido Blvd., Escondido; Thurs.-Fri., Dec. 8-9, 7 pm, Sat., Dec. 10, 2:30 & 7 pm, \$30-\$45. [4S Dance Academy.](#)

Inland Empire Contemporary Ballet — Yucaipa Performing Arts Center, 12062 California St., Yucaipa; Fri., Dec. 2, 7 pm, Sat., Dec. 3, 2 & 6 pm, Sun., Dec. 4, 4 pm, \$20-\$35. [Yucaipa Performing Arts Center.](#)

A Peek At Next Week

West Side Story's original Anita, *Chicago*'s original Velma, not to mention her show-stealing turns in *Bye, Bye, Birdie*, *Kiss of the Spider Woman*, and *Sweet Charity*, **Chita Rivera** brings her show *Chita, The Rhythm of My Life* for one performance. Backed by her long-time trio and with some unidentified special guests, Rivera reflects on her long career and recreates notable moments. Segerstrom Center for the Arts, 600 Town Center Dr., Costa Mesa; Sun., Dec. 11, 2 pm, \$39-\$99. [SCFTA.](#)

And more Nutcracker ballets. Check our Nutcracker Round-Up for upcoming performance from professional productions, training companies, and local dance and ballet studios. [Nuts!!! And More Nuts!!!](#)

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