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Dating: Should We Break Up Quiz

Our Friends · Saturday, July 20th, 2024

Ending relationships is tough, and this process comes with numerous hesitations. Research from the Journal of Social and Personal Relationships indicates that 40% of individuals hesitate to break up due to various reasons, even when their love affairs appear toxic. Are you really incompatible or are you just going through a rough patch? If this question is constantly popping up in your mind, then the well-elaborated “Should we break up quiz” will definitely come in handy. Ready to face the music? Scroll down!

When to Break Up a Long-Term Relationship?

Separation might be a hard decision, especially if you are engaged in long-lasting affairs. Whether you create bonds through [international dating services](#) or with the help of traditional means, you will need to decide on the right time to leave your relationship behind.

According to a Pew Research Center study, 30% of people continued to develop their bonds as a result of peer and family pressure as well as cultural expectations. But it isn't the case if you strive for healthy relationships and overall well-being. So, when to break up a long-term romance?

- Fights became a part of your everyday routine.
- You see that your partner has changed and you can't accept these changes.
- Different goals create a gap between you two.
- You are sure that your partner has cheated you.
- Unhappiness is the feeling that accompanies both of you day by day.
- You have trust issues in your relationship.

How Do You Know If You Should Break Up?

Do you feel like you are stuck between the dependence of being involved in love affairs with no future and splitting up? These hesitations bother numerous people, so you aren't alone. The decision might be especially tricky if your partner isn't in the same boat as you. So, how to understand that your couple should separate? How to know it's time to break up? There is no universal answer to this question because each case is really individual. Nevertheless, you can take this “Should we break up quiz” and see what real experts recommend.

Should I End My Relationship Quiz

Sometimes, you may need some extra help to see things clearly. So, this when to end a relationship

quiz is designed to ask the right questions and get to the heart of your relationship problems. Note all the answers and see the results.

Take a quiz

1. What are your feelings when you imagine life without your partner?
 - A) I feel a bit embarrassed
 - B) Honestly, I don't care.
 - C) Such an image in my mind arouses a feeling of happiness.

2. Do you consider your love affairs well-balanced?
 - A) They are balanced just perfectly.
 - B) It is hard for me to answer this question.
 - C) A balance in our love affair leaves much to be desired.

3. How much does your partner value you, on a scale of 1 being "not at all" to 10 being "a lot"?
 - A) 10
 - B) 5
 - C) 1

4. Do you fight often?
 - A) No
 - B) Occasionally
 - C) Yes

5. Do you feel comfortable interacting with your partner every day?
 - A) I am looking forward to our next date each day.
 - B) Honestly, I am indifferent.
 - C) I feel tension and irritation when interacting with my partner.

6. Do you have any fantasies of dating someone else?
 - A) No, never.
 - B) Sometimes.
 - C) Yes, that's what I have always dreamed about.

7. Do you think your relationship has a future?
 - A) Yes.
 - B) It's tricky to answer.
 - C) No.

8. Do you think that this relationship has taken away your identity?
 - A) I feel okay about myself and who I am.
 - B) I am gradually losing a sense of my individuality.
 - C) I am completely confused about my identity.

9. Does your couple have trust issues?
 - A) No way.
 - B) Sometimes I feel like that.
 - C) Yes, we have problems with trust.

10. Do you have any unspoken but potentially beneficial information for your partner that you have yet to share?
- A) No, we are open with each other.
 - B) There are some things to discuss.
 - C) There are a lot of things I have to share, but I can't.
11. Do you think your relationship needs changes?
- A) No, I believe that everything goes smoothly.
 - B) I would say that our romance needs to be slightly fine-tuned.
 - C) I would rather change everything!

See the results

Keep in mind that the results of the when to end a relationship quiz are created by experts, but they still leave room for consideration since they don't cover all aspects of your relationships. That is why you can take them into account but analyze our love affairs from different angles.

- **The majority of a's:**

It looks like you have harmony in your relationships and breaking up may be a wrong decision. All you need is sincere and constructive talk and a strategy for creating positive communication.

- **The majority of b's:**

You are in the middle of splitting up and fixing issues in your love affairs. So, what to do? The best tip here is to communicate mutual goals and expectations. If they are similar, go on. In case only a few common things are between you two, it's just time to separate.

- **The majority of c's:**

Yes, it's time to finish your interaction and break up. It looks like nothing can save your love affairs. Why do both of you torment each other? Stop it right off the bat and find your new path to happiness.

Summing Up

Romantic bonds, especially serious ones, play a significant role in our lives, whether you are dating online or prefer traditional meetups. It can really make a difference to know when to leave and when to stay. Our "Should we break up" quiz can serve as your road map if you can't make a formal decision. Don't let doubt keep you in a rut. Now is the moment to stop hesitating and take control of your happiness!

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